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100 Questions & Answers About Melanoma & Other Skin Cancers



Synopsis

Whether you're a newly diagnosed skin cancer patient, a survivor, or a friend of either, this book offers help. The only text to provide the doctor and a patient's view, *100 Questions & Answers About Melanoma and Other Skin Cancers* gives you authoritative, practical answers to your questions about treatment options, post-treatment quality of life, sources of support, and much more. Written by two skin healthcare professionals and a melanoma survivor, this book is an invaluable resource for anyone coping with the physical and emotional turmoil of this frightening disease.

Book Information

Paperback: 153 pages

Publisher: Jones & Bartlett Learning; 1 edition (April 28, 2003)

Language: English

ISBN-10: 0763720364

ISBN-13: 978-0763720360

Product Dimensions: 6.1 x 0.4 x 9 inches

Shipping Weight: 8 ounces

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (9 customer reviews)

Best Sellers Rank: #368,914 in Books (See Top 100 in Books) #2 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Skin Cancer](#) #105 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Physician & Patient](#) #153 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Oncology](#)

Customer Reviews

If you've been diagnosed with melanoma, this book is a must! The day I was told I had cancer, I was so frightened and confused. The doctor asked me if I had any questions, and I couldn't think of anything! The word "cancer!" just kept going through my mind. After reading this book, I was able to clear my head and not only ask questions, but ask the "right" questions. The only thing it didn't cover is the fact that it is sometimes difficult to diagnose melanoma. Sometimes the results are not black or white...there are also grey areas. But all in all, this book was extremely informative. Highly recommended.

I am at high risk for skin cancer being pale skinned, light eyed, blonde and living in San Diego. I never knew it was better for me to use sunblock and stay out of the sun instead of trying to go for a base tan, especially in a tanner. Tans only have a sunscreen of SPF 5, come to find out. And even

people with naturally dark skin need to wear sunblock because they can get skin cancer too, often in parts that go unchecked due to the fact people think their darker skin isn't at risk! These are two of the many "myths" brought out in this guide. Everyone should read this book so they know the facts about these horrible diseases. This book blew my mind. I have found out the difference between UVA and UVB (and UVC) rays, how to protect myself from the sun and how to check myself to make sure I don't have skin cancer. I am not a real sun lover, but I am amazed at all the myths people have about how the sun is healthy and how it is ok to hang out in the sun...people worry more about terrorism and serial killers than the sun and more people will die from skin cancer than dying, let's say, in a plane...it confuses me how people can be so little informed. This book was written well. It is easy to read and it is sectioned in a way that it is easy to get to the answer you need. I was only going to read the first half, since the rest is about what to do if you have skin cancer, but I read that too, because it was interesting and I would rather know and be prepared if it happens in my future than not know. Like I say, this should be given out at schools in the San Diego area since many of them make the kids eat outside, which is the worst thing for them.

My 36 Year Old Sister DIED Because Of a Melanoma BEHIND Her Right Leg. Not Exposed To Sunlight. Decided To Have Removed While Undergoing Another Surgery. She Died 20 Days AFTER Entering The Hospital! The Head Of Pathology Said, "She's One Of The 'Lucky Ones'." Asked "WHY"? Because People Can Slowly Die Over Decades From This Horrid Disease. They Kept Returning w/ Surgeries To Excise This & Slice That, et cetera... Well, We Also Needed To Know FAMILY HISTORY! Our Uncle Died At Age 21! Yes, Melanoma. "Ulalume" has Spoken In Words Of Passion & Earnest. Yes, Do Feel Like A Ticking Time Bomb, Yet, Will Fight Till Last Breath. We Do Not Have To Die For Not Getting "Mapped". A Simple Dermatology View Of Skin On Body & Searches For Abnormalities. Buy This Book~! Save Yourselves & Others. Thank You, & Partners.

This book is a must for any melanoma patient or their family. As a one-year survivor of Stage II melanoma, this book was great in helping me deal with my diagnosis and what could have been ahead. Dr. McClay also happens to be my personal oncologist and he's a fantastic and caring doctor.

Dad was suffering from Melanoma Cancer and I bought this book for Mom, who doesn't have internet access. After doctor appointments, she'd find herself with more and more questions she should have asked. This book answered so many of them. It also prepared her for what to expect as

the cancer progressed. I'm very thankful I purchased this book for Mom. She felt prepared for the possibilities of what was to come. It also, in some ways, helped her stay strong knowing that certain side effects would occur. Melanoma is such a painful cancer and more awareness is definitely needed. This book should be read by anyone with small children and by those spending a lot of time outside in the elements. Maybe hearing about the side effects of melanoma will get us all to wear sunscreen each and every day. Anyway, if you are caring for someone with Melanoma or have a family member or friend who has it, BUY THIS BOOK and read it cover to cover.

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